Student Credential Sheet – Senior Self-Assessment

This form will be needed to request Letter(s) of Recommendation. Please complete this survey in Naviance along with your resume.

The more detailed information you provide, the more helpful it will be to your recommenders.

- 1. What three words best describe you?
- 2. What are your personal strengths?
- 3. What are the qualities that set you apart from others?
- 4. What are your present career goals? What made you decide on this path?
- 5. What two things would you want a college admission's committee to know about you they would not learn from your application? Give specific examples.
- 6. What would you describe as your most personally rewarding experience during high school and why?
- 7. Describe the rigor of your academic studies (how did you challenge yourself?)
- 8. Among the activities in which you have been involved, which has been the most significant or important to you and why?
- 9. How do you spend your leisure time?
- 10. Is there anything about the Covid-19 period that particularly impacted you and that you would like to share? *Colleges care about the effects on your health and well-being, safety, family circumstances, future plans, and education, including access to reliable technology and quiet study spaces.*

Update your resume in Naviance to include all activities:

- extracurricular/ sports, include grades involved and offices/ leadership positions held.
- Community and civic activities (other than those in school). Include part-time jobs, summer employment, and volunteer work.

